

Cultural Subjects Department (Physical Education)

Active Rosians



Students and teachers formed teams to play dodgeball against each other, promoting active school life.



The team was celebrating their win. We hope to build students' confidence through different physical activities. Precious memories were also created among the students.

Sports Expo @ 29 Ngan Shing St.



Bubble soccer allows players to play football in a unconventional way. Stress relief is the main GOAL!



Rouliquo combines racquet and taichi, a good way to reveal Chinese culture through sports.

Sports Expo @ 29 Ngan Shing St.



The AR dodgeball allows students to experience thrilling competition with artificial effects.

PE Lessons



Students are playing reaction warm-up games in pairs in PE lessons.



Group competition allow students not only to cooperate, but also to learn how to respect others.



After 3 years of pandemic, students can finally remove their masks for lessons. This also marked the resume of 9-minute run test.