



2017-2018

聖羅撒書院家長教師會

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校監的話

首先恭賀聖羅撒書院家長教師會成立二十周年！

二十年，在人的年齡，是踏入成人階段，漸趨成熟、充滿衝勁、有理想、敢創新。在永恆的時光裏，是天父不斷創造的對象、祂無條件之愛的接受者。

適逢學校慶祝創校七十周年，雙慶祝格外有意義。感謝天主二十年前引領辦學團體、家長和教師們一起去探討家教會的宗旨與精神；二十年來，天主不斷保守引領，使家長與教師從不間斷地互相溝通、合作，為學生的成長、學習提供理想的環境及協助，為學校的發展提出意見及支援。



在慶典的歡樂時刻，我們除了對過去感恩，還要珍惜現在、努力創造將來。讓我們一起攜手邁進，朝向二十五周年的里程。讓我們為學生建構一個學習空間，使她們能夠發展潛能、快樂學習、健康成長，這是學校與家庭的首要任務，是天父賦予我們的神聖使命。每一個學生都是天主賜給家庭和學校的禮物，以不同的包裝、大小呈現在我們眼前，我們要懷著感恩之情，小心翼翼地將外面的包裝拆開，那麼我們必定能看到裏面珍貴的禮物，使我們驚嘆造物主的奇妙與偉大！當我們成功地將天父的禮物解封後，就能夠將禮物展示，並使其他人也能分享到祂的恩賜。

Sr. Judith Green, F.M.

校監阮美芬修女

校長的話

親愛的家長：

2017-18 這個學年踏入尾聲了，今年除了有校慶 70 周年活動外，亦是家長教師會 20 周年的大日子，本人在此衷心感謝歷屆執委的無私貢獻及各位家長的積極參與！

在同學、家長和老師的共同努力下，本校 2018 年香港中學文憑考試之表現保持水準，絕大部分科目的成績均高於香港日校考生平均表現。四個主科的成績如下：



校長推介「悅」讀角 (Reading Corner)

| 科目 | 5 級或以上 | | 4 級或以上 | | 2 級或以上 | |
|------|--------|-------|--------|-------|--------|-------|
| | 本校成績 | 香港平均 | 本校成績 | 香港平均 | 本校成績 | 香港平均 |
| 英國語文 | 36.8% | 9% | 85% | 26.8% | 100% | 79.2% |
| 中國語文 | 18.8% | 10% | 58.6% | 30.5% | 99.2% | 86.1% |
| 數學 | 15% | 13.9% | 57.1% | 38.8% | 98.5% | 82.5% |
| 通識 | 21.8% | 7.2% | 74.4% | 34.9% | 99.2% | 89% |

考獲學士學位課程入學資格的學生達 89.5%，比率遠高於香港平均，結果令人滿意。

除了學術成績外，同學們在其他領域亦屢獲佳績。上學年中六戊班畢業生胡中瑜同學榮獲葛量洪傑出學生獎，亦是本校學生連續四屆獲此殊榮。葛量洪傑出學生獎由各中學提名中六畢業生競逐，全港只有二十四位學生可獲此獎項，得獎學生必須品學兼優，積極參與課外活動，以及熱心為社區服務。

英文科和中文科一直是香港中學文憑考試的焦點，許多家長常向語文科老師提問：「怎樣可以提升孩子的語文能力？在中學起步會否太遲？父母子女都太忙碌，親子閱讀可行嗎？」

閱讀的確是提升語文能力的不二法門，而在這 20 年裡，家長教師會一直鼎力支持學生活動，例如購贈圖書、獎勵閱讀活動，對推廣校園閱讀風氣不遺餘力。然而，每個人背景各異、感受不同，在嘗試回答家長的問題前，請先容許我在此分享自己的一點閱讀經驗：在唸小二的時候，我從校長手中接過一份「學業成績獎」的禮物，它竟然是一本輕薄的英文書 *An accident*，書內貼有一張寫有我的名字和班別的小紙條。我至今仍保留這本小書，因為是它燃點了我的閱讀之路！它啟迪思考：「對孩子而言，甚麼是合適的鼓勵？提早給她一部智能手機？或是及早送她一本小小的書本？」

培養閱讀的起步點，首先不拘題材和深淺，只要能讓一個人燃起追看下去的念頭，然後才有望積少成多，養成閱讀習慣，我小時候看得最多的首先就是一大堆圖文書《老夫子》和《兒童樂園》。然後就是善用公共圖書館，我中學時經常「光顧」窩打老道中央圖書館和土瓜灣市政大廈圖書館，而印象最深刻的卻是在小學時代逢星期六或日，獨個兒乘坐天星小輪由紅磡往位於中環的大會堂圖書館，那時候最愛閱讀的是翻譯小說，例如《福爾摩斯》和阿嘉莎克莉絲蒂的偵探小說。

升讀了聖羅撒書院，我才開始養成閱讀英文書的習慣。Mrs. M.T. Gaggino 是我的啟蒙老師，她為我開啟了英語文學的大門。我永遠不會忘記 Mrs. Gaggino 某一天在教授 Emily Brontë 的 *Wuthering Heights* (《咆哮山莊》) 時，她半推課室的門，捏著嗓子唸起 Catherine Earnshaw 的對白：‘Let me in. Let me in.’ 她繪影繪聲，令我感受到女主角的悽愴哀痛。我恩師去年過身了，但在時間的荒野中，她永遠佇立在那個位置，教曉我要做一個好老師就必須懷著熱情去教學，自己喜歡文字之美，才能感染學生養成閱讀的習慣。

我喜歡問學生：「甚麼是文學？」文學即生命，莎士比亞的作品是詩的寫作，當中著名悲劇《馬克白》(*Macbeth*)和《哈姆雷特》(*Hamlet*)更展示了複雜的人生。閱讀豈能只是「書中自有黃金屋」？若果學生能意識到 ‘All the world's a stage’ (*As You Like It*)，當她碰上需要作出抉擇的時刻 ‘To be or not to be, that's the question’ (*Hamlet*)，書本可以給她靈感和啟發，閱讀不同種類的書籍能豐富她的生命。

希望家長能抽一點時間與子女一起閱讀，而不是只想孩子自己去翻開書本。我仍記得母親當年只有三本藏書：《紅樓夢》、《水滸傳》和《唐詩三百首》，引導我在小五小六的時候認識了林沖和《將進酒》的世界。我明白現實生活太忙碌，但人生有許多優次，還是可以試試放下緊握的手機。若果閱讀一本書太費時間，就共讀一首詩詞《水調歌頭》、一篇阿濃的散文吧！至於「中學起步會否太遲？」與子女漫漫人生相比，中學階段仍是開端，讓她體驗到「一書在手，其樂無窮」，這是終身的益處。

以上是一點個人的閱讀經驗之談，如果各位家長及同學亦有看過以上提及的書本，誠邀各位與我交流分享，也請推介一些好書給我，讓我們一起享受閱讀的樂趣吧！

天主保佑！

校長練茂棠謹啟



胡中瑜同學榮獲 2017-18 年度
葛量洪傑出學生獎



與 Mrs. Gaggino 於慶祝
學校五十周年時在舊校舍的合照



一本小讀物可以有無限的啟發



為教育大學有效教學研究作課堂錄影示範，
教授賞析 *Lord of the Flies* 的閱讀技巧和方法。



聖羅撒書院家長教師會二十周年



「20周年會慶標誌設計比賽」

2018 年是聖羅撒家長教師會成立的 20 周年，各屆家教會在 20 載的歲月裡與不同的老師、家長和學生攜手合作，相依相伴，共同成長。



為慶祝家教會 20 周年這個極具紀念價值及隆重的日子，家教會於 3 月份特別舉辦了「20 周年會慶標誌設計比賽」，邀請喜愛設計、有創意及美術天份的老師、家長或學生為家教會設計一個獨一無二的周年會慶標誌。



經過家教會評審委員對不同參賽作品的構圖、美感以及表達的意念等作出評分後，由中二甲班沈怡君同學奪冠，沈同學獲得書券及獎狀以示鼓勵。

為了向每位聖羅撒同學分享家教會 20 周年的這份喜悅，以及傳達這個漂亮和極具紀念價值的家教會會慶標誌，家教會特別將標誌刊印於[實用的紀念品]上，贈送予每位同學及老師留念。

STREAM 教學

學校除了秉承其一貫的辦學精神，致力提供優質的全人教育，同時亦支持和鼓勵學生多元發展，發掘自己的興趣和潛能。為此，學校積極推動 STREAM (即科學(S)、科技(T)、宗教及閱讀(R)、工程(E)、藝術(A)和數學(M))等學術範疇，讓學生建立穩固的知識基礎，應對未來的挑戰。學校於本學年為 STREAM 舉辦了籌款以添置相關的學習設施，使學生有更優質及理想的學習環境。

家教會為了支持學校的這項創新發展，決定向 STREAM 項目捐款港幣 106,000 元，並由家教會主席及委員於七月十日的頒獎典禮當日進行支票移交儀式。





欣喜! 2018 真是充滿欣喜的一年。今年除了是聖羅撒書院的 70 周年校慶外，更是家長教師會的 20 周年紀念。在這雙重喜慶的一年，家教會除了配合學校的各項校慶活動外，亦特別舉行了額外的周年活動，希望學生和家長都能感受到這份喜悅。

除了每年的親子旅行及校園親子夜外，在今年的校慶遊藝會中，家教會增加了三個籌款遊戲攤位，希望為學校推行的 STREAM* 教學籌備額外經費。

真的非常感謝各位家長執委絞盡腦汁，在遊戲設計上各出奇謀。加上家長義工們全天義務幫忙，當天家教會的攤位遊戲收益十分理想，並且全數捐贈學校。另外，今年我們更特別舉辦了一個 20 周年標誌設計比賽，為了鼓勵學生們的參與及創作，更將得獎同學的設計製作成家教會 20 周年紀念品，派發給全校的學生和老師。我們都希望透過家長和同學們踴躍參與不同的活動，凝聚家長和學校親切和互相支持的關係。另一方面，更希望鼓勵學生多參加課堂以外的創作，發揮她們多方面的潛能。

在過往 5 年的家教會活動中，我最喜愛參與每年的校慶遊藝日和校園親子夜。看着學生們的投入、團結、分工合作並且發揮高度創意的攤位設計，每年都令我感到目不暇給，學生們的無限創意經常帶給我驚喜。校園親子夜則有不少學生及家長組合參加開心好玩的親子遊戲，每年都有不少歡樂和溫情的場面。還有老師、家教會執委及工作人員的全情投入，讓我充分感受到學校與家長共融的歡欣，更留下不少開心的回憶。

恍眼之間，五年的家教會工作很快便要結束。在 10 月的周年大會中又會再選出新一屆的執行委員。我誠意邀請有興趣及熱心的家長積極參與執委選舉，加入家教會這個開心有意義的大家庭，為女兒及學校出一分力。同時也給我們更多新的意見，新的動力，讓家教會能繼續保持活力和衝勁，設計出更多開心活動。在此，我謹祝家教會繼續向前邁進，也預祝各位家長與女兒共同渡過一個歡欣愉快的中學生活!

現屆主席·楊潔茵女士

*附註: STREAM 是科學(S)、科技(T)、宗教與閱讀(R)、工程(E)、藝術(A)、及數學(M)、各英文名稱首字母組成的

當收到通知要為家教會寫一篇二十周年的稿件時，才意識到原來家教會已經成立了 20 年了。在這 20 年當中，我很慶幸能參與其中，成為家教會的執委。6 年任期中，協助籌辦了多項活動及處理會務，透過與學校及家長緊密合作，發揮家校合作精神。同時認識了不同年級的家長、老師、學校書記、工友，更成為了朋友。家長及同學們參與家教會的活動就是我們籌辦活動的動力。

在此，本人謹祝家教會往後籌辦的活動更精彩、更出色，邁向更多的 20 年。

2016-2017 年度主席·梁婉珊女士



要數我在家教會工作的難忘事，我想起一次一人一劇場的活動，當中有一位父親分享剛轉新工的壓力，每晚也很遲下班，連和女兒一起晚飯和看電視也變得奢侈，說時更哽咽起來。這活動是我們當年的一個新嘗試，希望促進家長的互動和領受，紓緩大家的壓力。就在這理念和藝術介入的環境下，這位父親最終能抒發情緒，亦得到其他家長的支持和鼓勵。這幅圖畫很美麗，我一直銘記於心! 我祝願聖羅撒書院家長教師會在未來的歲月，繼續繪畫出一幅又一幅更美麗的作品。

2012-2016 年度主席·吳家駒先生

「校慶遊藝會 Fun Fair 2018」



學生們心目中最受歡迎的節目非每年的校慶遊藝會莫屬，也是她們最團結和最興奮的一天。

校慶遊藝會於 3 月 10 日在笑聲滿載和陽光普照下順利地舉行了。各班級學生們施展渾身解數，把她們極具創意設計的遊戲和攤位佈置向來賓展現出來。而我們家教會的委員也不讓學生們獨領風騷，也設計了兩個極具娛樂性的攤位遊戲。





除了像往年一樣，安排兩個攤位遊戲外，今年，家教會還作出了新嘗試和挑戰，安排多三個項目如「開心快拍」、「隨手可得的幸福」和賣爆谷予各來賓，目的只是為支持學校 STREAM* 教學。當天所籌得的善款也算不錯，而且也是一個新的開始，新的嘗試。



再次多謝各義工家長和家教會委員協助攤位遊戲的運作、秩序及禮品換領，讓所有活動得以順利完成。同學們贏得獎品當然開心，家教會大送禮品就特別興奮！



* 附註: STREAM 為科學(Science)、科技(Technology)、宗教與閱讀(Religion and Reading)、工程(Engineering)、藝術(Art)、及數學(Mathematics)，各英文名稱首字母組成的縮寫



又是一年一度的大日子，聖羅撒書院家長教師會舉辦的校園親子夜在 2018 年 4 月 21 日 (星期六) 圓滿舉行了。



當天下午，首先是捲土重來的烹飪比賽，特別鳴謝中華電力有限公司借出爐具及裝備。今年有 5 隊參賽者，有家庭組合，亦有同學組合。而食材方面有虎蝦、三文魚、牛腩等。各參賽者施展混身解數，發揮同學及親子的合作精神，製作出精美的佳餚。校長及家教會主席擔任評判，她們試食後都讚不絕口，難分高下。在場各人賽後，更可以分享品嘗各參賽者的食物，各人都食得津津有味、齒頰留香。

繼而是卡拉 OK 比賽，今年有 6 隊參賽者，有父女組合、姊妹組合及同學們的組合，各參賽者盡展天籟之音，使在場人士聽出耳油，副校長及音樂老師負責擔任評判，評分甚有難度。而今年壓軸嘉賓是 Sister Margaret Fung，她曾任本校校監及校長多年，由她上台致詞及與各人大合照。在頒發了烹飪比賽及卡拉 OK 比賽的獎項後，便是每年最受歡迎的 BINGO 遊戲出場了，今年的禮物特別豐富，各人都可揀選心儀的禮物，滿載而歸。



燒烤開始時，適逢下雨，眾人迅速合力將爐具、椅子及食物、搬進有蓋操場，又一次發揮合作精神，食物種類豐富，而最受歡迎的食物，仍然是沙律，雖然有蓋操場通風有點不足，但總算各人食得開心，燒得盡興，完場時，各人更同心協力執拾清理。



最後當然要在此感謝，在幕前幕後，默默付出的家教會執委、校長及副校長、老師們和校工們。

The Sound of Music

七十周年音樂劇

BRAVO! GOOD SHOW!

七十周年音樂劇及表演在如雷貫耳的歡呼聲中完滿結束!

全晚共有三個表演項目，分別由一班可愛的幼稚園小朋友演出的《童聲童話耀七十》，以及由中學部同學演出的現代舞和音樂劇 *The Sound of Music*。

觀眾都很欣賞同學們落力及出色的演出，她們以流利英語對答，看得出背後付出了很多時間和心思，去演好每個角色。演出結束後，大家齊唱 Do Re Mi 更把全場氣氛推至沸點!

掌聲是台下觀眾對各表演者、工作人員及老師們的鼓勵和肯定，証明沒有白費多月來的綵排。感謝台前幕後所有表演者及工作人員，以及校長、老師和中英劇團導師的指導，給了我們一個愉快難忘的晚上。



北河同行

親子義工團

首先，多謝所有家教會成員及當日出席之義工們。由於北河同行位於深水埗區，屬於舊社區，特別多基層人士、長者和露宿者，而當中部份人士連每日基本溫飽都未必可以滿足得到，今次能參與此派飯活動，見證到北河同行特別之處是能將接近 100% 社會資助直接地轉贈給有需要的人身上，是現時少有的慈善組織。希望義工們體驗到當中的社會問題，學習到將來成就個人外，能付出多一點點來回饋社會！



「北河同行」- 明哥



熱心的義工團隊，開工前，先來張大合照。



飯盒製作



美味的飯饅



「北河同行」的資深義工，
向我們的義工團隊，講解派飯程序。



「北河同行」的義工們，協助分配飯盒。



分派飯盒、水果及清水。



「派飯喇！」



這就是露宿者居住的「單位」



最後，由明哥親自講述創辦「北河同行」的由來。

External Awards 2017-2018

The Chinese Manufacturers' Association of HK

CMA and Donors Scholarship 2017

| | | |
|---------------------------------|------|-----------------|
| CMA and Donors Scholarship 2017 | F.6A | Tanya Ng |
| | F.6E | Stephanie Szeto |

South China Morning Post, Hong Kong Jockey Club

Student of the Year 2017 - Visual Artist

| | | |
|-----------------------|------|---------------|
| Final 10 in Hong Kong | F.6E | Christie Pang |
|-----------------------|------|---------------|

Hong Kong Schools Music and Speech Association

The 69th Hong Kong Schools Speech Festival (English Entries)

| | | |
|--|------|--------------|
| Dramatic Duologue - Certificate of Merit | 10 | |
| Shakespeare Monologue - Certificate of Merit | 1 | |
| Solo-Verse Speaking - Second Prize | F.1A | Celina Ho |
| | F.1C | Fiona Cheung |
| | F.3C | Zita Leung |
| Solo-Verse Speaking - Third Prize | F.5A | Vingie Lau |
| | F.6E | Gigi Tin |
| Solo-Verse Speaking - Certificate of Merit | 15 | |

The 69th Hong Kong Schools Speech Festival (Chinese Entries)

| | | |
|------------------------------------|------|-----------------|
| Dramatic Duologue - Third Prize | F.6E | Germaine Cheung |
| | F.6E | Natalie Hon |
| Solo-Verse Speaking - Second Prize | F.6A | Monica Luk |

The University of New South Wales (Educational Assessment Australia)

International Assessments for Schools - English

| | | |
|-------------|------|----------------|
| Distinction | F.4A | Scarlet Poon |
| | F.5A | Vanessa Wong |
| | F.5A | Venus Wong |
| Credit | F.4E | Rochelle Leung |
| | F.4E | Beatrice Young |
| | F.5A | Rachel Fu |
| | F.5A | Kelly Lee |
| | F.5A | Wing Poon |
| | F.5E | Fion Law |
| Merit | F.5D | Kelly Yau |

International Assessments for Schools - Mathematics in English

| | | |
|--------|------|----------------|
| Credit | F.1C | Lucina Lau |
| | F.4E | Zoe Kan |
| | F.4E | Rochelle Leung |
| | F.4E | Beatrice Young |
| | F.5E | Fion Law |
| Merit | F.4E | Veronica Choi |
| | F.5A | Stephanie Hung |

International Assessments for Schools - Science in English

| | | |
|------------------|------|----------------|
| High Distinction | F.4E | Zoe Kan |
| Credit | F.4E | Rochelle Leung |
| | F.5A | Kelly Lee |

International Assessments for Schools - Writing

| | | |
|-------------------------------|------|----------------|
| High Distinction & Gold Medal | F.4A | Scarlet Poon |
| Distinction | F.5A | Rachel Fu |
| Credit | F.4E | Rochelle Leung |
| | F.5A | Vanessa Wong |
| | F.5A | Venus Wong |

The Education University of Hong Kong, Rational Communication Educational Society

The Twelfth Speaking Contest for Hong Kong Students

| | | |
|----------------------|------|--------------|
| Certificate of Merit | F.4A | Scarlet Poon |
| | F.5A | Rachel Fu |
| | F.5A | Sandy Lam |
| | F.5A | Vingie Lau |
| | F.5D | Kelly Yau |

F.6D Janice Chan

F.6D Joby Lee

Wiseman

English Builder (In-school Ranking Award)

| | | |
|-------------------------|------|---------------|
| First Prize in Level 1 | F.1A | Annie Law |
| Second Prize in Level 1 | F.1A | Vincy Tai |
| Third Prize in Level 1 | F.1A | Biffy Wong |
| First Prize in Level 2 | F.2A | Hailey Leung |
| Second Prize in Level 2 | F.2C | Michelle Lee |
| Third Prize in Level 2 | F.2A | Jaye Wong |
| First Prize in Level 3 | F.3A | Phoebe Poon |
| Second Prize in Level 3 | F.3A | Bridget Chong |
| Third Prize in Level 3 | F.3D | Kelly Poon |
| First Prize in Level 4 | F.4B | Vanessa Lo |
| Second Prize in Level 4 | F.4A | Ita Lo |
| Third Prize in Level 4 | F.4E | Natalie Au |
| First Prize in Level 5 | F.5D | Stephanie Ho |
| Second Prize in Level 5 | F.5D | Julie Chui |
| Third Prize in Level 5 | F.5D | Kelly Yau |

English Builder (Series Ranking)

| | | |
|--------------------|------|--------------|
| Rank 2 in Level 1 | F.1A | Annie Law |
| Rank 5 in Level 1 | F.1A | Vincy Tai |
| Rank 12 in Level 1 | F.1A | Biffy Wong |
| Rank 13 in Level 1 | F.1A | Katie Cheung |
| Rank 21 in Level 1 | F.1A | Wincy Chan |
| Rank 31 in Level 1 | F.1A | Carol Chan |
| Rank 10 in Level 2 | F.2A | Hailey Leung |
| Rank 43 in Level 2 | F.2C | Michelle Lee |
| Rank 40 in Level 3 | F.3A | Phoebe Poon |
| Rank 13 in Level 4 | F.4B | Vanessa Lo |
| Rank 29 in Level 4 | F.4A | Ita Lo |
| Rank 32 in Level 5 | F.5D | Stephanie Ho |
| Rank 33 in Level 5 | F.5D | Julie Chui |
| Rank 42 in Level 5 | F.5D | Kelly Yau |

The Hong Kong Institute for Promotion of Chinese Culture

Chinese Writing Competition (Hong Kong Area) Star of Literature 2017-2018

| | | |
|----------------------|------|---------------|
| Certificate of Merit | F.3A | Josephine Lam |
| | F.3A | Ellen Sim |
| | F.3A | Mary Yuen |
| | F.4A | Scarlet Poon |
| | F.5A | Shelley Lee |
| | F.5A | Caroline Wong |

Medical Society, CUHK

Hong Kong Secondary School Health Exhibition Presentation Competition 2017

| | | |
|------------------|------|----------------|
| High Distinction | F.5A | Vanessa Wong |
| | F.5A | Venus Wong |
| | F.5E | Hermione Cheng |
| | F.5E | Crystal Hui |
| | F.5E | Fion Law |

Hoi Ping Chamber of Commerce Secondary School

Hong Kong Secondary Schools Debating Competition Term 2 Round 2

| | | |
|------------------|------|-------------|
| The Best Debater | F.4A | Carmen Ho |
| Winner | F.4A | Carmen Ho |
| | F.4A | Bernice Lam |
| | F.4E | Choco Tang |

Sing Tao Daily, The Standard, Education Bureau

The 33rd Sing Tao Inter-School Debating Competition First Preliminary


| | | |
|--------|------|--------------|
| Winner | F.4A | Scarlet Poon |
| | F.4A | Joey Wong |
| | F.5A | Rachel Fu |

The 33rd Sing Tao Inter-School Debating Competition Second

| | | |
|--|------|---|
| Preliminary | | |
| The Best Interrogative Debater | F.4A | Joey Wong |
| Joint Committee for The Promotion of the Basic Law of HK | | |
| The 17 th Basic Law Debating Competition (Round 1) | | |
| Best Debater | F.3A | Belle Ho |
| The 17 th Basic Law Debating Competition (Round 2) | | |
| Best Debater | F.5E | Hilda Lam |
| The 17 th Basic Law Debating Competition (Round 3) | | |
| Best Debater | F.5E | Hilda Lam |
| Sing Tao Daily, The Standard , Education Bureau | | |
| The 33 rd Sing Tao Inter-School Debating Competition (Preliminary 2) | | |
| Best Debater | F.3A | Christine Tang |
| The 33 rd Sing Tao Inter-School Debating Competition (Preliminary 3) | | |
| Best Debater | F.3A | Josephine Lam |
| The 34 th New Territories Joint-School Debating Association | | |
| The 34 th New Territories Joint-School Debating Competition (Round 1) | | |
| Best Debater | F.5A | Venus Chan |
| The 34 th New Territories Joint-School Debating Competition (Round 3) | | |
| Best Debater | F.3A | Belle Ho |
| 第七届奇趣盃 | | |
| The 7 th Fun Cup (Round 1) | | |
| Best Debater | F.3A | Josephine Lam |
| The 7 th Fun Cup (Round 3) | | |
| Best Debater | F.3A | Josephine Lam |
| Hong Kong Schools Sports Federation | | |
| All Hong Kong Inter-Secondary Schools Gymnastics Competition | | |
| All Around - 4 th Place | F.5B | Mandy Wu |
| Floor Exercise - 2 nd Runner-Up | F.5B | Mandy Wu |
| Balance Beam - 4 th Place | F.5B | Mandy Wu |
| Uneven Bars - 6 th Place | F.5B | Mandy Wu |
| Hong Kong Schools Sports Federation (Shatin & Sai Kung Secondary Schools Area) | | |
| Shatin & Sai Kung Overall Championships | | |
| Girls - Overall 8 th Place | | St. Rose of Lima's College Sports Team |
| Shatin & Sai Kung Inter-School Basketball Competition (Grade C) | | |
| 1st Runner-Up | F.1C | Pakeeza Butt |
| | F.1D | Janessa Fung |
| | F.2A | Angie Chan |
| | F.2B | Reiko Lou |
| | F.2B | Anson Wat |
| | F.2D | Nicole Leung |
| | F.2E | Lydia Chan |
| Shatin & Sai Kung Inter-School Swimming Championships | | |
| Overall 5 th Place | | St. Rose of Lima's College Swimming Representatives |
| Shatin & Sai Kung Inter-School Swimming Championships (Grade A) | | |
| 4 th Place | F.4D | Anna Chan |
| | F.4E | Fenny Chan |
| | F.5A | Sandy Lam |
| | F.5A | Vingie Lau |
| | F.5B | Rosaline Sze-To |
| | F.5C | Julia Lui |
| | F.5D | Tracy Chow |
| | F.6E | Ashley Cheung |
| | F.6E | Daisy Chu |
| | F.6E | Sabrina Wen |
| | F.6E | Ingrid Woo |
| | F.4E | Fenny Chan |
| | F.5A | Sandy Lam |
| | F.6E | Ashley Cheung |
| | F.6E | Daisy Chu |
| 4x50m Free Style Relay - 1st Runner-Up | | |
| | F.5A | Sandy Lam |
| | F.6E | Ashley Cheung |
| | F.6E | Daisy Chu |
| Shatin & Sai Kung Inter-School Swimming Championships (Grade B) | | |

| | | |
|---|--|-----------------|
| 7 th Place | F.2C | Vanessa Wen |
| | F.3A | Belle Ho |
| | F.3D | Kelly Poon |
| | F.3E | Serena Ho |
| | F.3E | Constance Lee |
| | F.4A | Vanice Leung |
| | F.4B | Anson Kung |
| | F.4D | Isabel Yeung |
| | F.4E | Choco Tang |
| | F.4E | Beatrice Young |
| 100m Breast Stroke - 1st Runner-Up | F.3D | Kelly Poon |
| 200m Breast Stroke - 1st Runner-Up | F.3D | Kelly Poon |
| Shatin & Sai Kung Inter-School Swimming Championships (Grade C) | | |
| 6 th Place | F.2D | Joyce Chan |
| 100m Free Style - 2 nd Runner-Up | F.2D | Joyce Chan |
| 200m Free Style - 2 nd Runner-Up | F.2D | Joyce Chan |
| Shatin & Sai Kung Inter-School Table-Tennis Competition (Grade A) | | |
| 2 nd Runner-Up | F.5A | Jaye Shum |
| | F.5B | Koyo Pang |
| | F.5C | Stephy Lam |
| | F.5E | Yannes Lau |
| | F.6C | Sally Sum |
| Shatin & Sai Kung Inter-School Table-Tennis Competition (Grade B) | | |
| 5 th Place | F.2A | Kennice Tsui |
| | F.3C | Cassie Chan |
| | F.4A | Nicole Chiu |
| | F.4E | Fion Cheung |
| | F.4E | Jacqueline Lo |
| Shatin & Sai Kung Inter-School Volleyball Competition (Division One) | | |
| Overall 1st Runner-Up | St. Rose of Lima's College Volleyball Team | |
| Shatin & Sai Kung Inter-School Volleyball Competition (Grade A - Division One) | | |
| 1st Runner-Up | F.4B | Meko Ho |
| | F.4C | Berta Chak |
| | F.4D | Charmaine Li |
| | F.4E | Fenny Chan |
| | F.5E | Anson Ng |
| | F.6A | Daisy Chan |
| | F.6B | Emily Tong |
| | F.6E | Germaine Cheung |
| | F.6E | Kate Wong |
| Shatin & Sai Kung Inter-School Volleyball Competition (Grade B - Division One) | | |
| Champion | F.1C | Candice Chin |
| | F.2B | Audrey Cheung |
| | F.3A | Ophelia Lou |
| | F.3A | Belle Szeto |
| | F.4B | Anson Kung |
| | F.4D | Cherry Au |
| | F.4D | Amy Wong |
| | F.4E | Carol Lau |
| | F.4E | Katrina Tang |
| Shatin & Sai Kung Inter-School Volleyball Competition (Grade C - Division One) | | |
| 2 nd Runner-Up | F.1A | Janie Chan |
| | F.1C | Ariel Chun |
| | F.1C | Cassy Wong |
| | F.1D | Cherry Chung |
| | F.1D | Sueny Chung |
| | F.1E | Cheryl Chan |
| | F.2A | Jaime Lee |
| | F.2C | Christy Fong |
| | F.2C | Karry Kuang |
| | F.2D | Ophelia So |

| | |
|--|----------------------|
| | F.2D Joyce Tong |
| | F.2E Tiffany Lee |
| Hong Kong Volleyball Association, China Outreach Coaching Programme - Volleyball Competition 2018 4 th Place | |
| | F.1C Candice Chin |
| | F.1E Cheryl Chan |
| | F.2A Jaime Lee |
| | F.2B Audrey Cheung |
| | F.2C Christy Fong |
| | F.2D Joyce Tong |
| | F.4B Anson Kung |
| | F.4D Cherry Au |
| | F.4D Amy Wong |
| | F.4E Carol Lau |
| | F.4E Katrina Tang |
| Hong Kong Schools Music and Speech Association The 70th Hong Kong Schools Music Festival Grade 5 Violin Solo - First Prize | |
| | F.1A Kelly Ng |
| | F.1E Yoyo Wong |
| Grade 7 Piano Solo - Third Prize | |
| | F.2C Michelle Lee |
| Intermediate Pipa Solo - Second Prize | |
| | F.1A Chloe Pang |
| Xylophone Solo - Third Prize | |
| | F.3B Cherry Chung |
| Hong Kong Schools Music and Speech Association The 70th Hong Kong Schools Music Festival Chinese Instrumental Ensemble - Second Place | |
|  | F.2D Ophelia So |
| | F.3A Cindy Cheng |
| | F.3A Yoyo Cheung |
| | F.3E Adelaide Chan |
| | F.4A Karen Ip |
| | F.4A Bernice Lam |
| | F.4A Theodora Luk |
| | F.4C Reanna Ho |
| | F.4C Jade Wong |
| | F.4E Natalie Au |
| | F.5C Rachel Poon |
| | F.1A Angel Au Yeung |
| | E.1A Charlene Choi |
| | F.1A Sally Chui |
| | F.1A Charmi Lin |
| | F.1A Emily Qiu |
| | F.1C Fiona Cheung |
| | F.1C Michelle Leung |
| | F.1E Suman Lee |
| | F.1E Nicolle Wong |
| | F.2A Janet Chu |
| | F.2C Rainie Au Yeung |
| | F.2E Eilis Chan |
| | F.4C Jasmine Yeung |
| | F.5D Sissy Chan |
| Chinese Instrumental Ensemble - Certificate of Merit | |
| | F.1A Angel Au Yeung |
| | E.1A Charlene Choi |
| | F.1A Sally Chui |
| | F.1A Charmi Lin |
| | F.1A Emily Qiu |
| | F.1C Fiona Cheung |
| | F.1C Michelle Leung |
| | F.1E Suman Lee |
| | F.1E Nicolle Wong |
| | F.2A Janet Chu |
| | F.2C Rainie Au Yeung |
| | F.2E Eilis Chan |
| | F.4C Jasmine Yeung |
| | F.5D Sissy Chan |
| Music Office, Leisure and Cultural Services Department 2017 Hong Kong Youth Music Interflows Symphony Orchestra Contest Bronze Award | |
| | F.1A Lyana Li |
| | F.1A Kelly Ng |
| | F.1A Stephanie Tse |
| | F.1A Jasmine Yuen |
| | F.1B Sophie Lo |
| | F.1C Lucina Lau |
| | F.1C Angelina Yau |
| | F.1D Sandy Lee |
| | F.1D Kylie Leung |
| | F.1E Cheryl Chan |
| | F.1E Theodora Chan |
| | F.1E Yoyo Wong |

| | |
|---|---------------------|
| | F.2A Helen Fung |
| | F.2A Belle Li |
| | F.2A Tiffany Ma |
| | F.2A Gina Ng |
| | F.2A Kennice Tsui |
| | F.2A Gladys Tung |
| | F.2A Kobe Yeung |
| | F.2A Zoe Yoon |
| | F.2B Ines Chan |
| | F.2B Alina Fok |
| | F.2B Heili Kwok |
| | F.2C Vanessa Chan |
| | F.2C Corliss Chau |
| | F.2C Nicole Kwok |
| | F.2D Chloe Chin |
| | F.2D Violet Lam |
| | F.2D Coco Law |
| | F.2D Lily Siu |
| | F.2D Hayley Sum |
| | F.2D Jade Wong |
| | F.2D Kirsty Yip |
| | F.2E Hilan Cheung |
| | F.2E Bonnie Lam |
| | F.3A Ellen Sim |
| | F.3B Cherry Chung |
| | F.3C Christy Chan |
| | F.3E Serena Ho |
| | F.4C Maggie Fung |
| | F.4C Natalie Li |
| | F.4D Isabel Yeung |
| | F.4E Beatrice Young |
| | F.5C Cecilia Fung |
| | F.5D Atina Yu |
| | F.6A Kelly Lo |
| | F.6C Christy Wong |
| City University of Hong Kong City University of Hong Kong Secondary School Distinguished Artwork Exhibition 2018 - Opening Ceremony Award for Outstanding Contribution | |
| | F.2B Karen Fong |
| | F.3D Jane Kuk |
| Hong Kong Arts Development Council The 10th Arts Ambassadors-in-school Scheme 2017/2018 Certificate of Recognition and \$500 Scholarship | |
| | F.3A Olivia Chung |
| | F.3A Kiki Wong |
| Tin Ka Ping Secondary School The 3rd 3D Stop Motion Competition Award for Best Filming | |
|  | F.3A Yoyo Cheung |
| | F.3A Josephine Lam |
| | F.3A Alice Poon |
| | F.3A Christine Tang |
| | F.3A Rani Tong |
| | F.3D Nicole Hui |
| | F.3D Irena Lam |
| | F.3D Abbie Lau |
| | F.3D Jocelyn Lee |
| | F.3D Phoebe Mak |
| Headstart Group, Hong Kong Scrabble Players Association "Headstart Cup" Hong Kong Inter-Secondary School Scrabble Championship 2018 Group B (Novice) Most Valuable Player | |
| | F.5A Heather Chan |
| YWCA 2017-18 Shatin District Leadership Training Programme Well-received Leader/ Leader with Potential | |
| | F.3A Josephine Lam |

Outstanding Students in HKDSE 2018

Tanya Ng (Form 6A)

I still recall the days counting down to my first DSE written examination – jam-packed studying, overwhelming exhaustion and occasional burst of silent tears. Looking back, who would have expected that just after three months, I begin to realise how this seemingly unforgiving experience has become my greatest lesson learnt so far?



Anyone who tells you the road to DSE is effortless would be lying, but any claims of not gaining anything valuable from this three-year journey would also be untruthful. People say hard times is when you find out who your true friends are, and our battle against the public examination is the living proof of this. When I was unmotivated and discouraged by occasional slips in examinations, my friends were there to light up the gloominess and correct our mistakes together; when I was disoriented and baffled by the infinite expectations from different people, my mentors were there to ensure me it's perfectly fine to progress at my own pace. All of your guidance and encouragement is the biggest gift that the path to DSE has granted me.

I am perpetually grateful for all that I've encountered in St. Rose – the laughter and tears, the success and failures. I am the most fortunate to have comrades from the Public Speaking and English Debating Club who stood by my side no matter what. They fuelled me with the determination to march towards our goals and demonstrated the power and beauty of team dynamics. Even during moments of failure, they never cease to be spirited, and I will always be amazed by their ever-blazing passion. I pray for all those who have left their traces in my heart to continue to spread love and courage, and feel sheer joy in doing so.

As I'm typing this passage, my study timetable from three months ago still sits at the corner of my desk. DSE was a journey of hardship, but recalling all the moments of sweetness and encouragement from my teachers and friends, how can I bear to bid farewell to these beautiful memories? The voyage was tough, but thanks to all those who offered me unending support, it was bearable.

Stephanie Szeto (Form 6E)

I still remember when I entered St. Rose, it seemed to be a starting point of a long road; but in the blink of an eye, it was already the end of my secondary school life - time really flies. What is left in my mind are the precious memories in St. Rose.



There were tears and laughters, there were bitterness and sweetness. Looking back on the school days, together my classmates and I have struggled with different tests and schoolwork. With the mutual support and company, yet, our pressure was swept away. Indeed, during recess, our classroom was often peppered with laughter. Every anecdote of our class added colour to our lessons - appreciating films in English lessons, crowning "the queen with most wrongly written characters" in Chinese lessons, competing to answer questions in Liberal Studies lessons, drawing magic circles in Mathematics lessons, etc. These moments were invaluable and unforgettable to me.

When recalling the time of facing frustration in learning, my teachers always kindly guided me with their greatest patience. They talked to me and gave me advice, leading me to overcome hosts of obstacles. Not only did they inculcate knowledge into our mind, but also shared their moral values and life philosophy with us. It was their endeavour that transformed us into every well-educated young ladies. Thanks to teachers for inspiring and motivating me at all times.

In short, I am grateful that St. Rose has nurtured a better me and granted me a joyful childhood. I am thankful that my teachers paid much efforts in guiding me. I am appreciative that my peers always showed their support to me. Now, the graduation from St. Rose is not the end of my learning, but turns a new leaf of my journey.

Monica Luk (Form 6A)

I can still recall how the little girl cried and wrestled with her kindergarten teacher in front of the school gate every morning. The swiftness of time hit her right in the head when she realized it's finally her turn to start the adventure without the protection of her alma mater.

Regardless of pleasant or unpleasant ones, everyone grows with and learns through encounters and experiences, St. Rose has witnessed all these important moments in my life, as well opened for me lots of doors in the past 15 years and provided me with guidance to initiate my journey as a young adult. After all these years, I had been given opportunities "to study, to work, to play" under this perfect shelter from St. Rose, and been provided with encounters that added colour to my journey.

Secondary school is a place where you would probably make a lot of mistakes, and I am no exception. In retrospect, teachers have always been patient with all these growing minds, and tolerate our imperfections and immaturity. More importantly, we are often given chances to prove ourselves again, which is extremely crucial to our development. I always believe "It is impossible to live without failing at something, unless you live so cautiously that you might as well have not lived at all." School is a place to embrace mistakes, and only by mistakes, we become better. In St. Rose, I was given plenty of opportunities to explore and adventure through making mistakes.

It is definitely not an easy job to shape growing minds. I am truly thankful to meet teachers who wanted to be my companions on this dreadful journey. Only because of their companion, we become fearless in making attempts, and fearless in facing and embracing failure.

DSE may have taken or is taking a large part of your journey, but it is not defining who you are. Trust the process. Everyone is getting to their own destination.

I genuinely enjoyed every moment and encounter in St. Rose. No matter the mistakes I've made, or the success I've attained, they gave me insight on what kind of person I really wanted to become. How St. Rose nurtured me in these 15 years can no way be simply reflected by my report card in DSE. I perpetually believe what I received in St. Rose defines education.



會訊編輯委員會

副主席 - 張富德

總務 - 葉群星

聯誼 - 戴莉娜

總務 - 何孜敏 副校長

聯誼 - 陳佩思

聯誼 - 曾金枝

學術 - 陳國良